

Jason workman

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3866315843

Alliance, OH

Experience

Fitness Trainer

Jason's Personal Fitness Training • Daytona Beach, FL

03/2015 - Present

Marketing, sales, fitness assessment, prescribe exercise program that is safe and specific to the clients goals. Train clients monitoring for both body mechanics and range of motion. Documentation and record keeping of workouts to monitor progress towards clients goals

Pipe Fuser and GPS Operator

Primoris Distribution Services • Florida

05/2025 - 11/2025

Potholing spot utilities, spot excavatio, lay gas pipe, fuse riser, fuse tapping tee to gas main, fuse EFV to pipe and tap tee. pressure test, tap the gas main, purge gas out the riser, add a marker ball and pad gasline with dirt. Add tracer wire. Backfill tracer wire. Add ditch tape , back fill and restoration. Create GPS of pipeline and upload

Pipe Fuser and GPS Operator

Equix Energy Services • Florida

09/2022 - 05/2025

Potholing spot utilities, spot excavatio, lay gas pipe, fuse riser, fuse tapping tee to gas main, fuse EFV to pipe and tap tee. pressure test, tap the gas main, purge gas out the riser, add a marker ball and pad gasline with dirt. Add tracer wire. Backfill tracer wire. Add ditch tape , back fill and restoration. Create GPS of pipeline and upload

Skills

Customer service, Documentation review, Documentation review, Physical examinations, Time management, Communication skills

Education

AHA CPR/AED

AHA CPR/AED/BLS for Healthcare Provider • Florida
Certification

06/2025

Fitness Training

American College of Sports Medicine • Florida
ACSM -CPT

03/2015

Emergency Medical Technician Specialist

Michigan Academy of Emergency Services • Michigan
National Registerd Emergency Medical Technician Specialist

01/2005

Emergency Medical Technician

Life Support Training Institute • Michigan
National Regisstered Emergency Medical Technician

06/2003

Certificates

ACSM-CPT, AHA CPR/AED/BLS Healthcare Provider